What Is AERD? Allergy & Asth

Aspirin-exacerbated respiratory disease (AERD), also known as Samter's Triad, is a chronic medical condition that consists of three clinical features:

Asthma Sinus disease with recurrent nasal polyps

Doctors may perform an aspirin challenge to confirm an **AERD** diagnosis.

Sensitivity to aspirin and other non-steroidal anti-inflammatory drugs (NSAIDs).

Raising Awareness

Many healthcare professionals and patients are unaware of AERD. This can lead to:

• Misdiagnosis or delayed diagnosis (sometimes a year or longer)



Fast Facts

AERD typically develops between the ages of 20 and 50.

AERD requires specialized care.

It can cause life-threatening reactions to common medications such as aspirin, ibuprofen and naproxen.

AERD often causes a reduced or absent sense of smell.

75% of people with AERD have mild-to-moderate respiratory reactions when they drink alcohol.

AERD Treatment

Avoid aspirin and other NSAID medications



Take prescribed medications to treat asthma and nasal polyps as directed

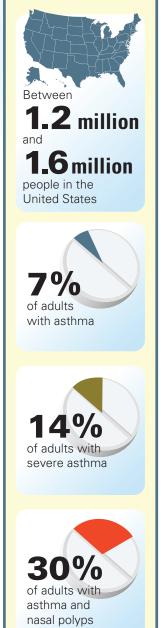


Consider aspirin desensitization



How Common Is It?

NETWO



Consult with your doctor about your treatment and maintain an ongoing dialogue to best manage the disease.